# The Great Eastern Japan Earthquake Report

- ☆ Prof. Masatsugu Tsujii, Chukyo University
- Prof. Hidekatsu Kitani, Prof. Yamaguchi Univ.
- Prof. Mayumi Horie, Shiraume Gakuen Univ.
- Assoc. Prof. Taku Hagiwara Hokkaido Univ.
- Mr. Masayoshi Ogura, Naruto Educational Univ.
- Assoc. Prof. Shunji Nakajima, Hamamatsu Medical Univ. (Fukushima Pref.)
- Assoc. Prof. Naoto Mochizuki, Hamamatsu Medical Univ. (Miyagi Pref.)

\*In this report the term "disabilities" includes mentally retarded and developmental disorders

# Professional Team Inspection / Places (Miyagi prefecture) April 6th-9th

- ☆ Sendai City
- Miyagi Prefecture, Sendai-shi Education Board
- Miyagi Prefecture, Children Center
- ☆ Kesennuma City
- Kesennuma Special Education School
- NPO Network Orange (Children Day Care/ Adult Day Care Support)
- Mother's home (single mother and children nursery school/ day care services)
- East children consultation center Kesennuma Branch
- ☆Ishinomaki City
- Kamome School (children Day Care)
- Ishinomaki Special Education School
- Ishinomaki Red Cross Hospital
- Hitakami Junior High School (Evacuation Center)
- **☆**Shibata City
- Mutsumi School (Single mother and children nursery school/ day care services)

- ☆ Natori City
- Wakatake En (Single mother nursery school/ day care services)
- ☆ Watari Cho
- NPO Koso Yochanchi
- ☆ Rifu Cho
- NPO Sawaoto No Mori
- ☆ Shiogama-City
- Individual House (parents)
- ☆ Shichiga Hamamachi
- NPO Kokonet (after school care)
- ☆ Tagajo City
- Shimin Katsudo Support Center (parents)



# The effects of the earthquake on children with disabilities #2

some families

have chosen to stay in their own houses even though they are far from facilities. In the case that their houses were destroyed by the Tsunami, they tend to move to other cities or prefectures to stay with their extended families.

What is urgently needed are shelters exclusively for people with disabilities.

## The voices and concerns of the parents whose children have disabilities #1

- 1. There is no contact information available through which the parents can ask for help or advice.
- -> Even when information is available, it often remains unclear how people can receive services.
- ->Following the earthquake, a major difficulty has been that all the communication lines are shut down. People wonder: "What can I do if all the communication lines are shut down?"
- -> Because of disorganization in distributing information, people who urgently need help and advice have not been receiving it.
- 2. Parents have been frustrated by the fact that the "ryoiku techo" (a booklet used by individuals with disabilities to receive special services) is not proving effective in this time of crisis. For example, children with disabilities who have severe difficulty waiting in long lines, sometimes 3, 4 hours to get supplies, have not been able to use their "ryoiku techo" to pass to the head of the line.

# The voices and concerns of the parents whose children have disabilities #2

#### 3. Access to daily medication

-> There is no information about which clinics will be opened, which impacts children and their families in many ways.

## 4. Lack of gasoline

- -> Families cannot go to day care services for assistance or pick up groceries and supplies, which adds to the difficulty of their situation .
- -> Parents would like to have support facilities within walking distance, which would decrease their stress and give them a sense of security.

## 5. Hygiene considerations

-> There have been issues concerning access toilets and baths as well as difficulties getting diapers.

## 6. Problems staying at the evacuation centers

-> Some children tend to panic even before entering the centers.

And people who have moved in with their extended families do not feel secure with these arrangements. There often can be difficulties getting used to the new environment. And no one knows how long they'll have to stay.

## Summary of the concerns of parents with children with disabilities

- The challenge of getting gas, food, and medication has been exhausting for the parents whose children have disabilities
- -> Even though families whose children are without disabilities require the same supplies as families with children with disabilities, the huge difference is the time process.
- What is urgently needed for families with children with disabilities to restart their lives are early supports for living, e.g., day care services, respite care, and short stay services.
- What is also required is a reorganization of the information network and its availability to victims of the earthquake.

## Review of conditions at the facilities #1

#### 1. The facilities for people with disabilities have been destroyed by the Tsunami.

- -> Even though some facilities are still operational, the priority of many of the workers is to care for their own families and restart their own lives; therefore, some facilities have not been able to restart operations.
- -> Other facilities have been able to restart operations.
- -> The community lifeline has still not been fully reestablished yet.
- ♦ All personal information belonging to many facilities has also been destroyed which adds to difficulties in providing for survivors.

#### 2. Lack of materials for restarting and continuing facilities

- -> Clay, art supplies including pencil and paper
- -> desks and chairs for children
- -> toys which children use individually to calm down in time of stress
- e.g. DS, Ipod-nano, portable DVD player (using dry-cell battery), DVD (Tom & Jerry, Anpanman, Pokemon, Arashi)
- -> Bicycles
- -> Supplies based on individual needs (e.g. ear muffs, tent shaped domes for calming anxiety)

## Summary on current status at the facilities 2

- ⇒There are not many places admitting mentally and physically disabled people in Ishinomaki district. The Red Cross was trying to be the main hub, however, due to earthquake, it is difficult for them to play the role at the moment. Have no information on other facilities or agencies.
- ⇒Have case-by-case situations (such as entire replacement of workers due to change in governing administrations, etc.), but not been able to handover the work at all
- ⇒All the children day care center have been closed (as of Apr. 8th)
- ★High in urgent needs for the help by outside professionals or volunteer staff support
- Assessments for mentally disabled/developmentally disabled children and support for them are required
- ⇒Work together with "Tsunapuro" ("Connecting program") and local support team, have support center in Miyagi pref. as JDDNET

## Support for Miyagi 1

- Will be the big support when the family can get back to and spend normal daily life
- ⇒Need to restart the children day and short stay facility as quickly as possible
- ⇒Requested by Kamome Gakuen (Children daycare) to have strong support from professionals and other helpers
- Positioning of collaboration within「知的障害・発達障害関係団体災害対策連絡協議会\* Jas platform for support
- ⇒By restarting the life support services, family can clean their houses, so it would eventually lead to reestablishment
- ⇒For life support, using social facility support is effective.

## 知的障害 - 発達障害関係団体災害対策連絡協議会

The JDD Net has established a fund to support people with developmental disorders in the areas hit by The Tohoku Earthquake (東日本大震災) of 11 March 2011.

Several teams of experts consisting of medical, psychologists

were sent first to collect the needs in the areas and to collaborate with local support groups.

These reports have been translated by volunteers who have applied to our queries via the website.

## Support for Miyagi 2

- As JDDNET, place Ishinomaki area as the main focus of supporting
- ⇒Not only the strong request of supporting from the Kamome Gakuen, but also there is the weak social background of the local area
- ⇒taking advantage of our support for this time, we hope it would somehow lead to reconstruct the original base of supprot....
- Based on close analysis on supporting needs, consider to send professionals or volunteer workers to the site.
- ⇒Received requests from Kamome Gakuen to conduct development assessment for the children
- ⇒Need perspective for mid-long period. Already have prepared

## Support for Miyagi 3: Challenges

- It would be predicted that while the local needs for supporting will be decreased as the time goes by, at the same time, the supporting needs changes on daily basis.
- ⇒Due to requirement for prompt reaction to the needs, it is necessary to think about handling the needs of evacuation center by working closely and cooperating properly with Tsunapuro (a team using volunteers to do research on people in evacuation center for their supporting needs, and bring it to professionals if necessary)
- Looking from the mid-long term perspective, you come to realize it is important to maintain the coordination and cooperation with local facility workers, professionals and helpers

## Specific supporting plans

Sending professionals for development support/or assessment expert: Send 1-2 person every week for a few days Using the Kamome Gakuen as the base center, conduct necessary development assessment in Ishinomaki area, deal with the needs given by Parents association in Miyagi Pref., and corporate with other organizations with necessary supports in Sendai. Handle and catch up with the changes in local needs. May need to train or to have orientation for professionals to be sent.

■To send 1 — 2 volunteer workers to support the operation (Need to addressing the problems to University students. Students form Chukyo University or Asperger Society Japan volunteer school member of university students are sent with every 1 week rotation)

# History of evacuation process with regards to Fukushima Power plant

- March 11th··· The Great Eastern Japan Earthquake
- March 11th···Direction to evacuate the area of 10km from around the First reactor
- March 12th ···Evacuation directed zone increased to be from 20 km and 10 km away from around the Second reactor
- March 15th···In-house evacuation zone set
- April 11th···Planned evacuation zone set
- →There was no preparing time, sudden evacuation, there is no foreseeing forecast
  - →Moving from evacuation site to another site
- →de-concentration of government offices, limit of controlling information
  - →Response varies by local governments

## Overview of Fukushima Prefecture



## Current evacuating situation on Hama dori area



## Available facility in the evacuation area

- Originally, there were many available facilities around this area.
- •Since 1960's. started from for Children, but became for adults
- Group evacuation is completed with facilities having many patients
- "No disabled person is in evacuation sites" announced from facility organization

福島第一原子力発電所30km圏域内障がい児者施設関係連絡先

		. 1	

No.	搬送元施設	施設權別	所在地	連絡先	
	東近兀鹿紋		所住港	名称	電話番号
1	東洋学園成人部	障害者支援施設 (生活介護、短期入所、施設入所支援)	富岡町大宇大曹宇蛇谷須79	千葉県立鴨川青年の家	047-093-2840
2	東洋育成園	知的障害者入所更生施設	富岡町大字大管字蛇谷頃93	千葉県立鴨川青年の家	047-093-2840
3	あぶくま更生調	知的障害者入所更生施設	川内村大字下川内字五枚沢517-5	千葉県立鴨川青年の家	047-093-2840
4	光洋養成團	知的障害者入所更生施設	富岡町大字本岡字本町西632-1	のぞみの誰(群馬県)	027-325-1501
5	東洋学園児童部	知的障害児施設	富岡町大字大曹字蛇谷須79	千葉県立鴨川青年の家	047-093-2840
6	ゆうゆうの里	グループホーム・ケアホーム	南相馬市小高区本町2-59	プチトマト2(相馬市)	0244-36-3721
7	憩いの家	グループホーム・ケアホーム	格莱町大字北田字鑓突業3~2	希望の社福祉会(いわき市)	0246-38-6201
8	グループホーム富岡事業所	グループホーム・ケアホーム	富岡町大字大曹字蛇谷須93	千葉県立鴨川青年の家	047-093-2840
9	障がい者サポートセンター	グループホーム・ケアホーム	植葉町大字下小填字町104-2	のぞみの匯(群馬県)	027-325-1501
10	そよ風	グループホーム・ケアホーム	大熊町下野上宇原127-5	いわき関成病院	0246-58-7241
11	原町共生授産園	知的障害者入所授産施設	南相馬市原町区金沢宇製田228	千葉県立鴨川青年の家	047-093-2840
12	原町学園アフターケアセンター	知的障害者通勤寮	南相馬市原町区金沢字製田228	千葉県立鴨川青年の家	047-093-2840
13	原町学園	知的障害児施設	南相馬市原町区青葉町3-92	千葉県立鴨川青年の家	047-093-2840
14	グループホーム原町事業所	グループホーム・ケアホーム	南相馬市原町区桜井町1-7-2	千葉県立鴨川青年の家	047-093-2840
15	なごみの里	グループホーム・ケアホーム	南相馬市原町区上町2-74-3	針生ヶ丘病院	024-932-0201

List of facilities in evacuation site

No Handicapped people in Evacuation site?? just hasn't been noticed??

## <u>Current situation in Soso area</u> <u>Soma-City</u> "Yu-Yu Club" Meeting

#### What is Yu-Yu Club?

•Made by Autism association, it is a place to support kids after school with urgently gathered volunteers in a rented a temporal place

#### People participated in the meeting

\*Team of professionals\* 2 social workers from prefecture\*Care education center staff from prefecture\*Advisor for support consulting in Soso area \*Head master of Independent research agency \*2 staffs related to Autism association for Soso area \*2 Parents volunteers

#### Current evacuation situation of the family of disabled person

- Had to move around the evacuation site at that time
- •There is no room for Soma city. Coming to normal in Minami-Soma city
- Hard to get tracks of who is going to where. Hard to get contacts
- •We are in the step of contacting the evacuation site around Nakdo-ri area confirming the safety from the Agency, or where to information
- •Won't be able to come back when they enter the facility at the evacuation site

# Present Situaion of Soso Area MT at "Yu-Yu Club" in Soma City2

#### **Present situation of public institutions** (As of April 11th)

- \* No school is open within the 30-km-zone. Children are going to school outside the zone on the basis of voluntary evacuation.
  - All the preschools and day-care centers are closed.
- Difficulties with relocation of Tomioka Care Nursing School in Minami Soma City.
   (more details on another page)
  - Some students go to Soma Special ED School from Minami Soma City.
- Worried about environmental changes, children with special needs have a hard time deciding a new school.

It is difficult for children with autism to go to school outside the area.

• Even school buses cannot go into the 30-km-zone, so children need to be taken and picked up outside the zone by someone, in most cases by parents.

#### Present situation of support institutions in Soso Area

- Being told to stay indoors within the 30-km-zone, we cannot visit to give assistance.
  - Day-care service for children: Two in Minami Soma, Two in Soma
- No contact with anyone, due to the workers scattered around, family matters and so on.
  - The government is giving more priority to the elderly than to children.

# Present Situaion of Soso Area MT at "Yu-Yu Club" in Soma City ③

#### How children are doing

- Children of HF stay inside the closet.
- Look up the word "radiation" all day long.
- Autistic children regression phenomenon
- → Go back to using diapers. Due to the immediate evacuation rather than psychological symptom. They have nothing with them.
- Only think about eating. There is nothing else to do and it is the only fun thing that they can use their energy with.
  - Cannot go for their favorite drive out, so become frustrated.
- → Bring back the day-care center and go for a drive with sufficient supply of fuel

#### How adults are doing

- Employment contracts were canceled in Miyagi and other places.
- 20 to 30 people within 60 have come back.
- Some in panic with nothing to do.
- Some matters would be settled when day-care centers start.
- As from parents' point of view they could rely on someone they know.

# Evacuation Situation of Tomioka Special Needs School

## Tomioka Care Nursing School

- many children with intellectual and physical disabilities
- Fukushima prefecture divides schools by disabilities.
- Their head office has been moved to the Fukushima Special Education Center.
- Only Soma SE School is municipal. Relocation facility is under consideration.
- Move to another prefecture. (from home 24, the whole Toyo Gakuen institution - 27)
- If inside Fukushima, four institutions in Abukuma, Oto (?), Inawashiro and Iwaki.

## Transference of Children's department of Toyo Gakuen

- All the children of Toyo Gakuen have been transferred to Kamogawa Nature School in Chiba prefecture.
- Nature school hoped one year of use, but changed to half a year because some opposed for downplaying the locals.

## Satellite style

- Children would not need to be transferred to another school .
- With the Satellite style, teachers can come together. Some students have adapted it.
  - → This might work well for identity and feeling of belonging.

# Preparation of Host Evacuation Center in Aizu Area Meeting at Aizu Health Welfare Office

- About catching people's needs at the evacuation center
  - •Municipalities in evacuation are fully busy recovering their administrative functions and collecting information. Therefore, no attention is given to the handicapped.
  - When someone speaks out, supporters can do something.
    - → If nobody does, we cannot do anything.
  - The most important point: send out information and messages
  - There was some cases that the center gave a support when received a contact directly from an evacuation center.
  - There are quite a few people with autism and ADHD.
- The next move by the government and supporters. What has been decided in the meeting
  - Make a brochure on services at support center.
  - Add the support center of Aizu in the Disaster Area Support Center for the Handicapped.
  - Catch their voices for support in the following order:
    - 1 Approach to Hama-dori town office.
    - 2 Approach to the host municipalities
    - 3 Approach to the host institutions such as hotels (Aizu Health Welfare Office+support centers)
    - 4 Approach to the evacuation centers.

# Challenge in Support in Fukushima Prefecture

- The future of evacuation is unknown and children especially in SoSo area don't know where to go from now.
- What we can do at this moment is to provide developmental assessment as a basis of individual support plans for future assistance.
- Using the developmental assessment style elaborated in Ishimaki, the dispatched specialists will conduct the developmental assessment in four places in Fukushima prefecture set up by parents association. We expect to hold the sessions every week from June, a few days a week.

## JDDNET's Support in Disaster Areas "To recover the ordinary routine / To create the new routine"

- The great earthquake is depriving children of their normal routine.
- JDDNET will operate to bring regular developmental support back to function.
- In order to make a developmental assessment style for individual support plans, the second specialist team will do hearings from May 7<sup>th</sup> to 13<sup>th</sup>. The lectures based on the research will be held in various locations.
- After June in Miyagi (based in Ishimaki) and Fukushima prefectures we will start support actions at locations set up by local day-care centers and parents associations.
- We must listen carefully to local needs and the support should be flexible to correspond to them.

## **Necessary Preparation**

- Finance: Subsidies will be applied from JDDNET Great East Japan Earthquake Foundation, Nippon Foundation and others. Need to ask for donation to the foundations.
- Need to make the dispatch plan of the specialists from June and confirm the lecture schedules for the specialists. The member professional groups of JDDNET will take a leading role.
- Goods: Expected to collect necessary goods for support when they are necessary. At this moment:
  - > 30 bicycles and iPod 100 units (Kesen'numa SEN School)
  - > Picture-story shows, storybooks, toys, educational materials for preschool children (including toys for finger movements and picture cards), one cushion chair (Mugen Kobo Co. Ltd.), a few cushion mats (around 10 m² with joints), musical keyboards and a radio-cassette player (Kamome Gakuen).